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ABSTRACT

This book, written jointly by a working professional couple, looks at the reality of two-career marriages and explores strategies to help couples develop optimally in their careers and in their personal lives. The book is organized in three sections. The first section examines the challenges facing working couples--their role expectations and self-images and why they work. In the second section, the book stresses the power of the couple partnership and suggests strategies for negotiating work and life decisions and daily living. Career-managing information is interwoven with marriage- and family-building tips. The final section focuses on workable ways to achieve life goals and enjoy life together while the partners achieve separate career success. Options explored include sequential careers and co-owning businesses. Throughout the book, the authors intersperse anecdotes from their personal experience of lifelong careers and marriage and stories from the 500 two-career couples to whom they sent questionnaires and the 15 working couples whom they interviewed in depth while doing research for the book. The book contains 121 references and 20 resources. (KC)

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